PrEP (Pre-Exposure Prophylaxis) is a daily prescription medication, that can help reduce the risk of acquiring HIV through sex.

You must be HIV-negative before starting and while taking PrEP, therefore HIV testing prior to starting and every three months is conducted.

PrEP cannot prevent against other sexually transmitted infections (STIs); condom usage is still suggested every time you have sex.

When taken consistently, the risk of acquiring HIV through sex is reduced by about 99%.

The only two PrEP medications currently approved in the USA are Truvada and Descovy. Ask your doctor for more information.

TAKE CONTROL OF YOUR SEX LIFE AND YOUR BODY.

If your partner has ever or is:
- Forcing sex
- Stealthing (removing condom without partners knowledge)
- Destroying contraception
- Withholding access to contraception

PrEP may be a good option for you to discretely protect yourself against HIV. While taking PrEP can protect you against HIV, a condom will protect you against other STIs.