

# Allstate Foundation Moving Ahead Curriculum

## 2019 Advocate Training

### Group Activity:

#### Moving Ahead Curriculum Module Activity Planning

Work with others at your table to develop one Moving Ahead Curriculum activity that could be used in a group or one-on-one session with a survivor. The activity you design should correspond with the Moving Ahead Curriculum module that was assigned to your table.

Complete the questions below and build/outline a handout to go along with your activity. Consider designing an activity that would allow the participants to apply knowledge learned from the module and/or further understand how it relates to them personally.

Module assigned: *Budget - module 2*

Activity name: *My wants & needs*

Is this a group or individual activity?

Amount of time needed to complete the activity: *45 min - 1 hour*

Key objectives for this activity: (Ex. After this activity participants would be able to identify a step they can take to improve their credit or participants can identify a spending leak in their budget)

*Participants will identify his/her wants & needs for the purpose of creating spending plan.*

What's needed? (Ex. Printed worksheet, white board, computer access etc.)

*markers  
poster board  
worksheets*

*post it notes or stickers*

Activity instructions: Please provide a description of the activity as well as detailed instructions for the facilitator and for the participant.

For Facilitator: *1. Break into groups  
2. write category on paper  
3. discussion about why what, purpose "personal choices"  
4. Share wants & needs. NOT MANDATORY.*

For Participant: *1. Individualized worksheet.  
2. Choose 3 wants & needs  
3. Share if open to share  
4. emphasize importance of wants & needs & how we can implement that into the budget.*

*1. work in groups  
2. discuss among group of wants & needs*

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Module assigned: #2

Activity name: Purple Purse Secondary

Is this a group or individual activity? Group

Amount of time needed to complete the activity:

30-45 min

Key objectives for this activity: (Ex. After this activity participants would be able to identify a step they can take to improve their credit or participants can identify a spending leak in their budget)

To understand key terms ab budgeting & financial institutions

What's needed? (Ex. Printed worksheet, white board, computer access etc.)

computer & if you want, or hand ~~access~~  
tangible paper + sticky notes - non-profit if

Activity instructions: Please provide a description of the activity as well as detailed instructions for the facilitator and for the participant.

For Facilitator: create board, dictate activity, provide ~~insight~~ insight through out

For Participant:

# Accurately ~~and~~ identify key terms +  
concepts, & have fun

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**Module assigned:** Module 3: Mastering Credit Basics

**Activity name:** "Credit Candy Land"

**Is this a group or individual activity?** Both!

**Amount of time needed to complete the activity:** 1 hr +

can be over a longer amount of time - Ex. Phases 1-4...

**Key objectives for this activity:** (Ex. After this activity participants would be able to identify a step they can take to improve their credit or participants can identify a spending leak in their budget)

- Identify credit score vs. credit report
- Identify goals
- Identify leaks

**What's needed?** (Ex. Printed worksheet, white board, computer access etc.)

Game pieces      post-its  
papers/pads  
pens

**Activity instructions:** Please provide a description of the activity as well as detailed instructions for the facilitator and for the participant.

**For Facilitator:** Facilitator will guide each participant(s) through the steps. Have sheet (prior to activity) that gives definitions (i.e. credit report, leaks, etc.)

**For Participant:**

open mind  
credit info



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Complete the questions below and build/outline a handout to go along with your activity. Consider designing an activity that would allow the participants to apply knowledge learned from the module and/or further understand how it relates to them personally.

Module assigned: 4

Activity name: ~~IF YOU BUILD IT, IT WILL COME~~ Stairway to Freedom

Is this a group or individual activity? Group

Amount of time needed to complete the activity: 45 min.

Key objectives for this activity: (Ex. After this activity participants would be able to identify a step they can take to improve their credit or participants can identify a spending leak in their budget)

After this activity, participants will be able to have the <sup>hope</sup> skills & steps to obtain freedom in ~~the~~ defining ~~their~~ <sup>individual</sup> goal.

What's needed? (Ex. Printed worksheet, white board, computer access etc.)

paper, marker, white board, pen

Activity instructions: Please provide a description of the activity as well as detailed instructions for the facilitator and for the participant.

For Facilitator:

Facilitator will open up the session w/ a review of previous modules. He/she will guide and help participants w/ defining what freedom is & there are no limits to that. - Go through module 4 slides. Guide participants collectively

For Participant:

Each participant will receive a "Stairway to Freedom" handout. Participants will fill in the cloud with their goal. They will also complete/fill in other steps w/ what's needed to get to their goal



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Module assigned: 5

Activity name: Mapping out Your Road FOR SAVINGS TO SELF SUFFICIENCY

Is this a group or individual activity? Group

Amount of time needed to complete the activity: 1 hour

Key objectives for this activity: (Ex. After this activity participants would be able to identify a step they can take to improve their credit or participants can identify a spending leak in their budget)

Identify where they are now starting and how to get to the finish line, how to achieve the goal to choose WHICH AVENUE they want, 401K, IRA's, cbs

What's needed? (Ex. Printed worksheet, white board, computer access etc.)

Magazines, scissors, poster boards, glue stickers, maps, post-it's, markers, glitter bling, eyes, toy match cars, life game pieces

Activity instructions: Please provide a description of the activity as well as detailed instructions for the facilitator and for the participant.

For Facilitator: The importance of the survivor knowing they have control of their

Journey on their road, but they have driving the car. See where they are now, see where they can be in      years. you can get right back on track.

For Participant:

Tell them to take all the items on the table and create their own map.



Fill their car with their peeps,