

PrEP Yourself for Safety



Are you looking to take control over your sexual health?

PrEP (Pre-Exposure Prophylaxis) may be an option for you! It is a discreet way to reduce your chances of acquiring HIV through sex.

With two options available (oral or injectable), folks who may want to privately use the prescription medication can do so without their partners' knowledge.

Is PrEP for me?

PrEP is a good tool for you if your partner has:

- ▶ Forced sex
- ▶ Stealthed (removed condom without partners' knowledge)
- ▶ Destroyed contraception
- ▶ Withheld access to contraception

PrEP and Safety

- ▶ If taking PrEP orally, consider where you are keeping your medication. Storing in a vitamin bottle may be a good option.
- ▶ If you are concerned about taking a daily pill, ask about injectable PrEP.
- ▶ PrEP requires regular blood tests. Talk with your doctor about being able to access these appointments. Do you need transportation support? Is the location convenient?
- ▶ PrEP can be costly, but assistance is available. Ask your doctor or an advocate what assistance you are able to access.

PrEP may be a good option for you. Ask your healthcare provider next time about your options and get PrEP'ed for Safety.

To learn more about intimate partner violence and HIV, access the Positively Safe Toolkit:

