SPENDING DIARY

Write down every place you spend money and food stamps, for a

month. This information will give you insight how you may want to change your spending habits so you can have more money for to achieve your goals. Be honest with yourself so you know where your money goes! **DON'T WAIT UNTIL MONDAY. START TODAY!**

Bring your diary and summary with you to your next Money Coach meeting. No one's going to judge you; we want to help.

What did you spend? What did you get?		What did you spend? What did you get?	
Monday			
Tuesday			
Wednesday			
Thursday			
L			
Friday			,

What did you spend? What did you get?		What did you spend? What did you get?		
Saturday				
Sunday				
Ouriday				
Summa	Grocery Food Fast Food Gasoline, Bus, Cab, F Smoke – any kind Alcohol			
	Cable Phone			
	Rent			
	Electric/Water/Tras			
	Entertainment/Toys	3		
	Clothes			

