

Hope. Healing. Support.

\\ I was terrified to attend—being surrounded by men in an isolated location for the purpose of disclosing and addressing my abuse. And at the end of the Weekend of Recovery, I was sad to leave. I was among healthy, accepting non-abusive brothers—good, caring men who didn't hurt me or use me. It was the first time in my life I felt like a man, a whole, complete man. It is a life-changing experience. *My wife, my kids, my friends and even co-workers have commented in the last 6 months how different, how much better I am since the Weekend of Recovery.* Thank you. //

- Alumnus, Weekend of Recovery

\\ In the healing process there is no substitute for a caring, supportive community. Jim, Howard and their team are consummate creators of a safe environment in which each can benefit from the others.. It was one of the most beneficial and powerful few days of my life and now, a full month afterward, I am still in daily correspondence with those who were complete strangers to me before the weekend. //

- Participant, Dahlenega



AN INVITATION TO HEAL IN COMMUNITY

MaleSurvivor Weekends of Recovery

Are you a survivor too?

\\ Although it was only one weekend, it felt like years of recovery took place in those few days. //

Hope Springs Alumnus



MALESURVIVOR
Overcoming Sexual Victimization of Boys and Men

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MaleSurvivor.org

What is a Weekend of Recovery?

The MaleSurvivor Weekends of Recovery program has changed the lives of over 900 survivors and their loved ones. Started in 2001, the weekends are unique opportunities for any adult survivor who is seeking further support in his recovery to get more help. During the weekends participants and the facilitator team co-create a safe community for healing where everyone's story is heard. Starting in 2007, the program was expanded to include weekends for couples who want to work on healing their relationships.

Is a Weekend of Recovery Expensive?

The facilitator team volunteers their professional time to conduct Weekends of Recovery. This helps to keep the cost for the weekends affordable and accessible to most male survivors of diverse economic means. The cost of registration includes the facilitated Weekend of Recovery program, plus lodging and food.

Scholarship assistance can be requested for men experiencing financial hardships.

Who Leads the Weekends of Recovery?

Weekends of Recovery are facilitated by trained clinicians using the same clinical boundaries and code of ethics as adopted by the American Psychological Association. Howard Fradkin, a psychologist with over 30 years of experience working with male survivors, and Jim Struve, a licensed clinical social worker with over 34 years working with male survivors, lead a diverse facilitator team of 19 highly trained and experienced licensed social workers, psychologists, professional counselors, and a certified body awareness educator. To ensure safety and the opportunity for personal attention for each man who attends, each weekend has a facilitator to participant ratio of 1: 3.5.

How Can I Learn More About the Weekends of Recovery?

Detailed information about the weekends is available at the MaleSurvivor website: www.malesurvivor.org. You can also read comments from men who have attended a previous weekend at this same website (see the "Testimonials" section under the tab Weekends of Recovery). Many participants have described these weekends as being a very intense and rewarding experience.

Mission Statement:

MaleSurvivor is committed to preventing, healing, and eliminating all forms of sexual victimization of boys and men through treatment, research, education, advocacy, and activism.

\\ The weekend was the best thing I could have done for myself. I wish I had done it a few years ago... A wonderful bond was formed with other survivors and I now have understanding friends that I can help support and will help support me. //

Participant, Hope Springs