A Guide for Children Exposed to Violence Programs in Saskatchewan

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Group Manuals for Children/Youth Exposed to Violence

- Loosley, S. (ed.) Group Treatment for Children who Witness Woman Abuse A Manual for Practitioners. London, ON: Children's Aid Society of London and Middlesex, 1997.
 - This 10-session group is designed for ages four to 16 with five separate age groups recommended.
- Churchill, Crockford, and Hoen. End Violence: A Manual for Group Leaders. 2nd Ed. Scarborough, ON: Aislin Discoveries Chiel & Family Centre, 2001.
- Yawney, D., and B. Hill. *Project Child Recovery: Group Intervention for Child Witness of Family Violence*. Lethbridge, AB: Society for the Prevention of Child Abuse/YWCA Harbour House, 1993.
- Kidsrights. Children's Domestic Abuse Program: Group Manual. Charlotte, NC: Author, 1996.
- Kerr, J., McKenzie-Cooper, and Elliot. Children Who Witness Abuse Group Program: Lesson plans/activities for preschool-aged children. Vancouver, BC: BC/Yukon Society of Transition Houses, 2006.
- Fitzpatrick, D. Outreach to Teens: A Manual for Counsellors who Work with Teen Victims of Violence against Women. Amherst, NS: Cumberland County Transition House Association, 1991.
- Wilson, S., et al. Manual for a Group for Children Exposed to Wife Abuse, 1986.
- Roseby, V., et al. A Safe Place to Grow: A group treatment manual for children in conflicted, violent, and separating homes. Binghamton, NY: Hawarth Maltreatment and Trauma Press, 2005.
- Tutty, L., and J. Wagar. Outline of the Storybook Club for Children Who Witnessed Family Violence, 1994.
- Crager, Meg. Helping Children Who Witness Domestic Violence: A Guide for Parents, Instructor's Manual, 1999. [www.lfcc.on.ca]
- Henderson, A., J. Ericksen and S. Ogden, Parenting Support for Women who have Experienced Abuse: Facilitator's Manual. Vancouver, BC: FREDA Centre, 1997.
- When Love Hurts: A Guide on Abuse, Respect and Relationships.

 [www.dvirc.org.au/whenlove/]Peled, E., and D. Davis, Group work with Children of Battered Women. Thousand Oaks, CA: Sage Publications, 1995.

- Sudermann, M., P.G. Jaffe, and E. Schiek. A.S.A.P.: A School-based Anti-Violence Program. London, ON: London Family Court, 1996.
- Alessi, J.J., and K. Hearn. Group Treatment of Children in Shelters for Battered Women. In A.R. Roberts ed. Battered Women and Their Families. New York: Springer, 1984.
- Hosseld, Beth, and Giovanna Taormina. Who I Am. (ages 14-18) [www.Girlscircle.com and www.Boyscircle.com]
- End Violence Alliance. End Violence: A Manual for group leaders, 2nd Edition.

 Scarborough, ON: Aisling Discoveries Child & Family Centre, 2000. (184 pages)

 This manual provides a step-by-step guide for leaders providing groups for children and their parents who have been traumatized by family violence.
- Giancola, J. A., and M.D. Rothschild, *The Children's Program, Preventing Domestic Violence: Therapeutic Intervention with Young Children*. Authors, 1994.

 This program has 16 therapeutic sessions that can be presented to children as young as two in either open or closed sessions.
- Graham-Bermann, S.A. The Kids Club: A Preventive Intervention Program for School-age Children Exposed to Violence, 1992. [www.sandragb.com]

 This program provides a supportive arena for children ages six to 13 to share their

experiences, to learn that they are not alone, to identify sources of worry and concern, to discuss conflict and its resolution, to explore issues of responsibility for violence, and to learn new strategies for coping and problem solving.

- Graham-Bermann, S.A. Fostering Resilience in Young Children Exposed to Violence: The Preschool Kids Club, 1992. [www.sandragb.com]
 - This group intervention for children aged three to six, who were exposed to violence, encourages children to share their ideas about their feelings, ways of coping, and thoughts about family, ethnicity and the future.
- Groves, E., E. Roberts, and M. Weinreb. Shelter from the Storm: Clinical Intervention with Children affected by Domestic Violence. Boston, MA: Child Witness to Violence Project, Boston Medical Centre, 2000. (236 pages)
 - This training manual for mental health providers includes workshop materials for 13 hours of training, slides, complete bibliography, and reproducible handouts.
- Malchiodi, C. Breaking the Silence: Art Therapy with Children from Violent Homes. 2nd ed. Philadelphia, PA: Brunner/Routledge, 1997. (208 pages)
 - Emphasis is given to the short-term setting where time is at a premium and circumstances unpredictable.

- Merrymount Children's Centre. No Violence = Good Health: A Group Program Manual for Preschool-aged children who have witnessed family violence. London, ON: Merrymount Children's Centre, 1998. (173 pages)
 - Facilitators help preschool children understand the family violence they have experienced. They provide the children with ways to cope with their experiences and with opportunities to learn new skills to act non-violently towards others.
- Red Flag Green Flag Resources. I Wish the Hitting would Stop Curriculum. Fargo, ND: RFGF Resources, 2002.
 - This curriculum is written to educate all children in a classroom about the issues of domestic violence, regardless of whether or not there is violence in their homes.
- Roseby, V., and J.R. Johnson. High-Conflict, Violent, and Separating Families: A Group Treatment Manual for School-age Children. New York: Free Press, 1997. (60 pages) This manual covers ten sessions including exploring levels of feelings and coping with fighting families.
- Wilder Community Assistance Program. Children's Domestic Abuse Program, Group Manual. St. Paul, MN: Amherst H. Wilder Foundation, 1997. (438 pages)

 This program is designed to support counselors, therapists, caseworkers, and educators who work with child victims of domestic violence in group session.
- The Fourth R Curriculum resource to implement the relationship-based program. (Grades 8-12, English, physical and health education, Aboriginal Peer Mentoring Program, Aboriginal Perspectives Program and more.)
 [www.youthrelationship.org/curriculum_resources.html]
- Humphreys, C., et al. Talking to my Mum: A Picture Workbook for Workers, Mothers and Children Affected by Domestic Abuse. London: Jessica Kingsley Publications, 2006.
- Save The Children (2001). Spice it Up! [www.savethechildren.org.uk_]
 - A Manual for group leaders on planning, with lots of activities, energizers, and evaluation ideas.